The Value of a Healthy Workplace

A company’s most important asset is its people. Making your workplace healthier benefits both the business and the people who work there. A healthier workforce that requires fewer sick days and works at peak productivity can sustain your organization’s competitive edge. Worksite wellness programs have Demonstrated $3.50-to-$1 savings-to-cost ration in reduced absenteeism¹ and healthcare costs.

Businesses Win

An employee wellness program designed by the Center for Wellness and Nutrition can:

• Reduce absenteeism
• Increase productivity
• Reduce healthcare costs
• Improve employee health, energy and morale
• Improve a business’s work culture and environment

We can help you develop and deliver an effective, innovative employee wellness program that improves people’s lives while improving your business.

Call or e-mail us to learn more about how the Center for Wellness and Nutrition can help you make health accessible to all.