

# INDIANA COMMUNITY ADVISORY BOARD



# Orientation

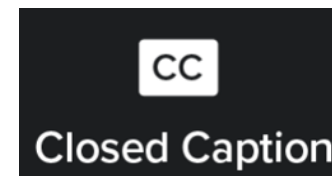
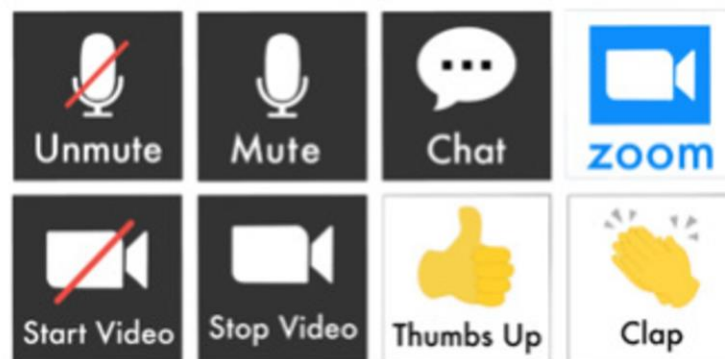
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FEBRUARY 5 2025

# NOTE: THIS EVENT IS BEING RECORDED

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- Attendees who participate with their camera on, utilize a profile image, and / or un –mute during this event are consenting for those elements recorded.
- If you are not willing to consent to having your video, image, or voice recorded during this event, please feel free to keep your camera turned off, remain muted, and utilize the chat feature to participate with questions and comments live.
- This recording will not be shared publicly. The recording will be used as a reference for notes and for board members who have missed the meeting.



# Agenda

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- Welcome
- Introductions
- SNAP-ED Funding Background
- About the CAB
- Meeting Structure & Assignments
- Closing



# Introductions

Please join on camera if you are comfortable

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- Please share your name and community
- What is one thing that excites you about joining the Community Advisory Board?

# Meet our Team

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**Sai  
Khang**

Project Coordinator



**Chris  
Wong**

Community Engagement  
Specialist II



**Leonel  
Jaramillo**

Program Associate



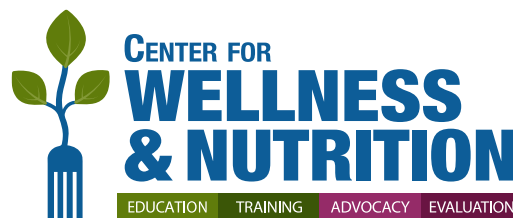
**Metria  
Munyan**

Equity & Engagement  
Program Manager



# About Us

The Center for Wellness and Nutrition, a program of the Public Health Institute, is a national leader in developing campaigns, programs, and partnerships to promote wellness and equitable practices in the most vulnerable communities across the world. We have established relationships with local, state, national, and international organizations, and through education, training and technical assistance, advocacy, and evaluation, we work to make health accessible for all.





What do you  
know about IN  
SNAP-Ed?



# Background – SNAP and SNAP-Ed

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- SNAP (Supplemental Nutrition Assistance Program): Federal food safety net program that offers nutrition assistance to eligible low-income individuals
- SNAP-Ed (Supplemental Nutrition Assistance Program – Education): provides direct nutrition education for youth, adults, seniors, and families
  - Supports healthy communities through policy, system, and environmental change strategies
- Indiana State Nutrition Action Committee (SNAC): State-level collaborative led by Indiana Department of Health (IDOH) to addresses disparities in nutrition and physical activity



# SNAP-Ed Goal

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1. SNAP-Ed eligible populations will have increased access to SNAP-Ed direct nutrition education
2. SNAP-Ed participants will demonstrate increased knowledge and improved behaviors related to nutrition and physical activity
3. SNAP-Ed will complement existing physical activity and nutrition direct education with policy, systems, and environmental changes people live, work, play, pray, learn, shop, and eat so that they can make the healthy choice, the preferable choice.

# SNAP-Ed Focus

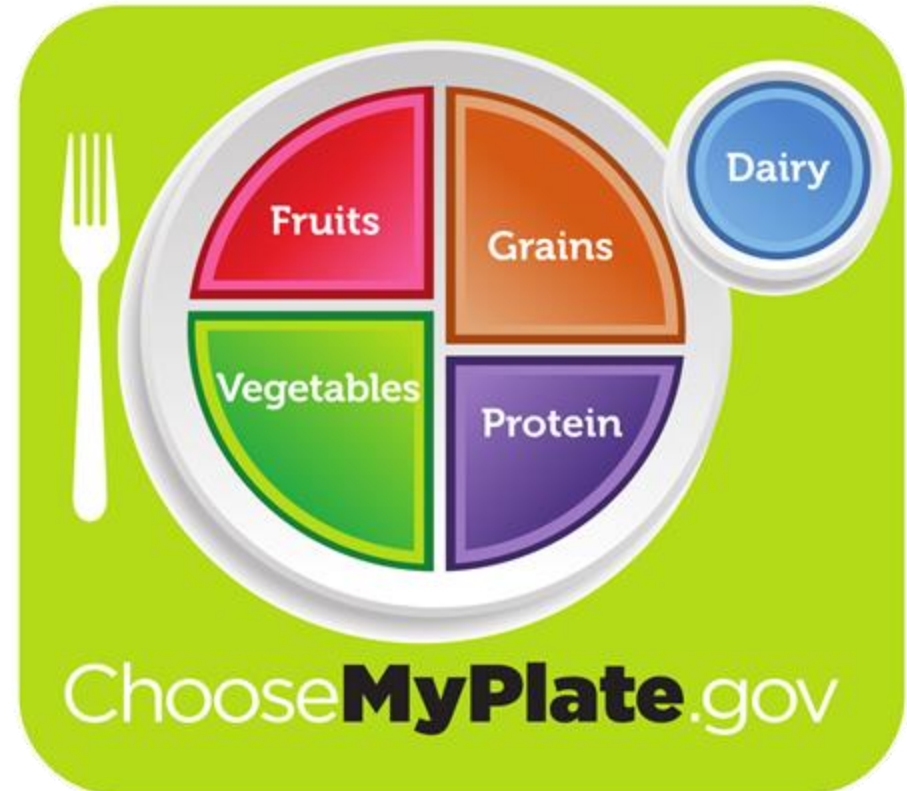
- Implementing strategies or interventions, among other health promotion efforts, to help the SNAP-Ed target audience establish healthy eating habits and a physically active lifestyle
- Primary prevention of diseases to help the SNAP-Ed target audience that has risk factors for nutrition-related chronic disease, such as obesity, prevent or postpone the onset of disease by establishing healthier eating habits and being more physically active.



# Nutrition Education Focused on

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- Increasing Access and consumption of Fruits and Vegetables
- Increasing Access to and encouraging regular physical Activity
- Decreasing consumption of Sugary Beverages and increasing consumption of water





# Overview of Indiana Nutrition SNAP-Ed Program

# SNAP-ED in Indiana



In Indiana, The Indiana Department of Health (IDOH) Division of Nutrition and Physical Activity (DNPA) is the *State Agency* for the SNAP-Ed *Implementing Agency*, which is Purdue University Extension.

Indiana Family and Social Services Administration (FSSA) was the SNAP-Ed State Agency until 2018, when the program was transferred to the IDOH DNPA to provide in-depth content area expertise and technical assistance to the Implementing Agency.

As the *Implementing Agency*, Purdue Extension receives funds to implement their Nutrition Education Program, which has five focus areas: nutrition, food safety, food security (hunger), physical activity, and food resource management (stretching food dollars)



# Indiana SNAP-Ed Programming: Organizational Chart



**United States Department of Agriculture (USDA)**  
Provides SNAP and SNAP-Ed funding



**Indiana Family and Social Services Administration (FSSA)**  
Receives and distributes state SNAP & SNAP-Ed funding



**SNAP-Ed State Oversight Agency:  
Indiana Department of Health, Division of Nutrition  
and Physical Activity (DNPA)**  
Administers the program



**SNAP-Ed Implementing Agency:  
Purdue University Extension Nutrition Education  
Program (NEP)**  
Conducts programming

Statewide relationships and partnerships

Information sharing through quarterly meetings and newsletters

Community engagement

**State Nutrition Action Committee (SNAC)**  
Partnership provision for the SNAP-Ed Program  
(mandated by the USDA)



**Community Wellness Coordinators (CWCs)-  
Policy, Systems, and Environmental Change**

\*Connect with Purdue Extension NEP staff in every county!

**Nutrition Education Program Advisors (NEPAs)-  
Direct Nutrition Education**

# What does programing look like?

**Cooking &  
Gardening  
Classes**

**Nutrition  
Education  
Classes**

**Physical Activity  
Demonstrations**

**Food  
Demonstration**

**Walking /  
Jogging Clubs**

**Taste testing and  
Tours at Retail  
Stores**

**Promotion at  
Farmers Markets**

**Promotions at  
Health Fairs**

**PSE strategies**

**Community  
Change  
Approaches:**

- Faith Based organizations
- Schools and Youth Programs
- Healthy Organizational Policies



BLOOMINGFOODS  
CO-OP MARKET





INDIANA SNAP-ED  
**COMMUNITY  
ADVISORY  
BOARD**



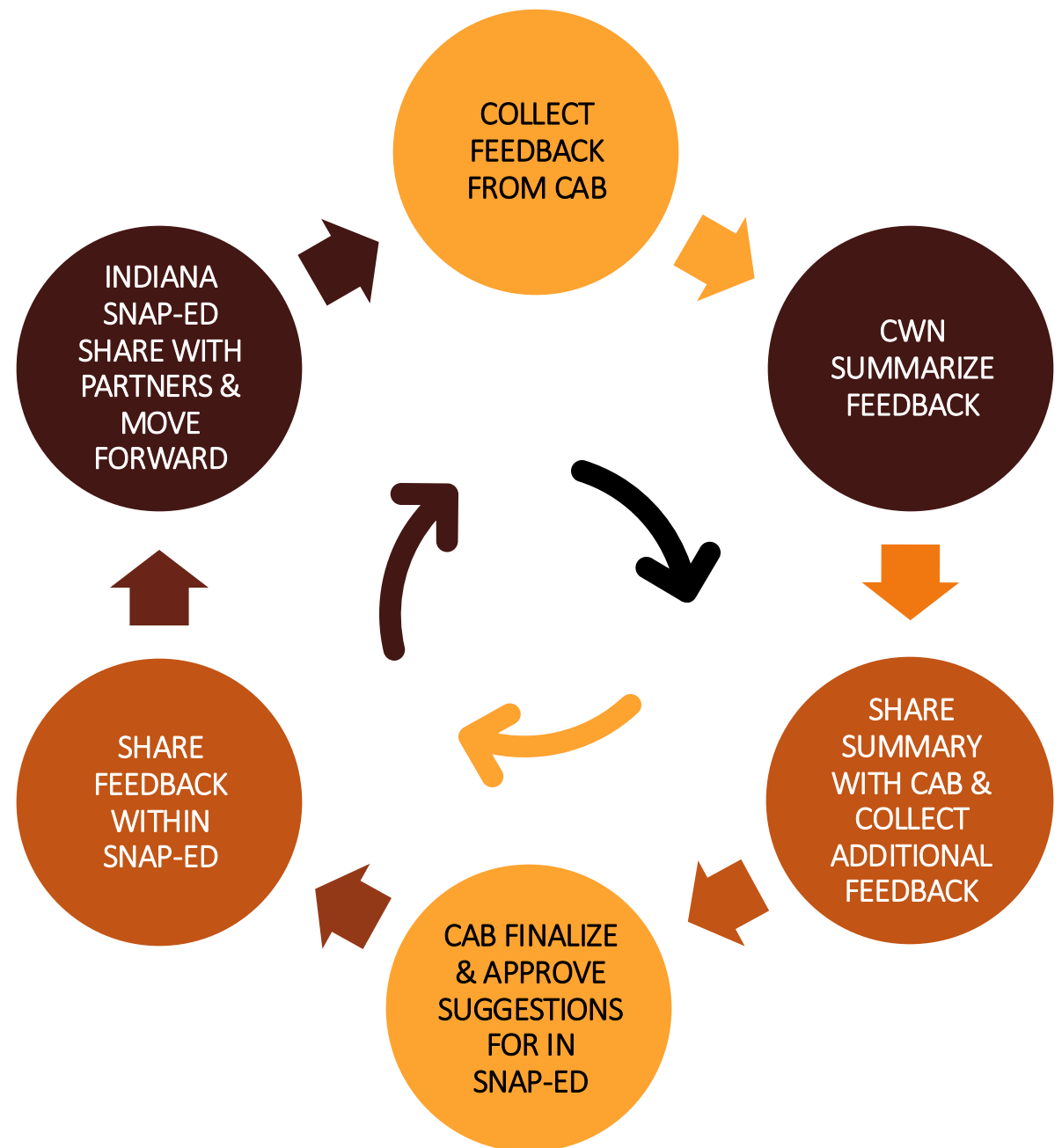
**About the Board**

# Member Roles

Participate	Participate in the IN SNAP-Ed CAB activities including monthly online meetings and review of relevant materials.
Provide	Provide direction, guidance, and feedback on the state-level SNAP-Ed Strategies
Identify	Identify gaps and additional needs for IN SNAP Nutrition Education Program
Report	Report on activities to request and obtain a reimbursement

# FEEDBACK PROCESS

## GROUP FEEDBACK LOOP



# Clear Expectations:

This project aims to embed community voice as a driver that authentically informs policies, systems, and environmental change initiatives.

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## Reality is:

### Multi-Level Approvals

- Federal Funder
- State of Indiana
- Local Implementors

### Funding Restrictions

### Bureaucratic Process

## Our Commitment:

- To **listen** to the recommendations
  - **Document** your feedback thoroughly
  - **Partner** brainstorming potential challenges and solutions
  - **Be open** to new ideas
- To **Advocate** for what the CAB communicates as important
  - **Be transparent** and share updates as progress unfolds
  - **Support** CAB Leadership with this program

# REIMBURSEMENT

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## **IN CAB members are eligible for reimbursement % of costs for actively participating**

- Members who participate in 80% of meetings and complete 90% of assignments will receive a full reimbursement (\$590)
- Members who participate in 60% of meetings and complete 50% of assignments will receive a partial reimbursement (\$410)



# Monthly Meetings

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80% = 7 Meetings

60% = 5 Meetings

## What if I can't make a meeting

Watch the recording archived on Google Drive

Email Sai or Chris, that you watched, and share any Questions or Comments you want added to the notes.

# Assignments

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- Sent via email
- Posted on Google Drive
- Detailed instructions
- Assignments are usually on SurveyMonkey
- Individual responses are compiled and shared back with the Board
- Assignment review is also discussed in CAB Meetings

# Assignments

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Assignments (i.e.: 4)

90% = 4 Assignments

50% = 2 Assignments

What if I can't meet the deadline?

- Still complete the assignment and turn it in. (the earlier the better)
- Some assignment have hard deadlines
- Just communicate with us.

## COLLABORATION FOLDERS:

- Assignments
- Agendas
- Photos

## IN CAB MEETING RECORDINGS:





- This is where monthly recordings are saved for CAB members to access if they miss a meeting.

# Google Drive



CAB

Name ↑

- |   |
|---|
|  CAB Agenda              |
|  CAB Assignments         |
|  Indiana CAB Photos FY24 |
|  Meeting Recordings      |

# Stay Connected (Google Drive)

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Google Drive

Access IN CAB Resources Directly Here:

 [\*\*\*https://bit.ly/40Cgsuy\*\*\*](https://bit.ly/40Cgsuy)

**To be posted soon:** New Member Orientation Recording

**Next Meeting:** Monday, February 10<sup>th</sup>

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DO YOU HAVE ANY  
QUESTIONS?



# Thank You

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Follow us on Twitter - Take part in our interactive events!  
[@phi\\_wellness](https://twitter.com/phi_wellness)



Connect to like-minded partners by joining us on LinkedIn  
[linkedin.com/company/center-for-wellness-and-nutrition](https://www.linkedin.com/company/center-for-wellness-and-nutrition)



Have a question? Write to us at [info@wellness.phi.org](mailto:info@wellness.phi.org)

